



Apollo College Series:4

How to be a successful college student

Apollo High School



Tips for college success

- Go to class
- Participate- be more active in class and you will retain more information
- Get some sleep
- Pay attention to the syllabus- you don't get reminders when assignments are due
- Take notes- find a system that compliments your learning style
- Don't be afraid to ask for help
- Manage your time
- Get a strategy for studying
- Make friends and network

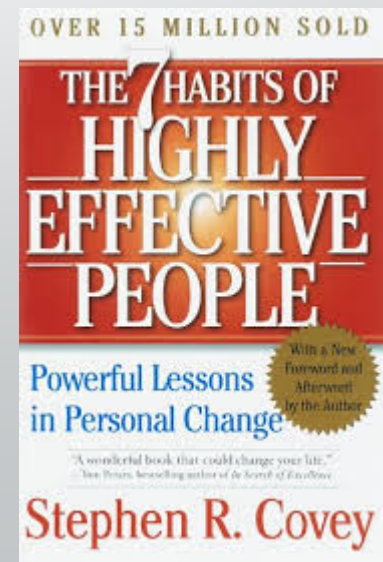


What does it take to be successful

- Strong time-management skills
- Organization skills
- The ability to work with others
- Friends to support you
- Curiosity to learn more
- A positive mindset
- Confidence in yourself

8 Healthy Habits of a Successful College Student

- [Click here](#) to watch a video on things you can do to not only be successful academically, but also as a human being. This video is based off of Steven Covey's research



Show your commitment


- Put in the effort and your one step closer to your goal
- Don't just choose a path because someone says to...choose a path you are passionate about
- [WATCH THIS](#)



BE A WINNER!!

- Believe in yourself and push to WIN, ACCOMPLISH, SUCCEED, OVERCOME
- [WATCH THIS](#) Kobe Bryant video on how he pushed himself to WIN





Practical Skills to focus on to improve your success at College

- Review the next few slides to think about what skills you can begin to work on to get ready for college



Study Habits

- Try not to do too much studying at one time
- Plan specific times for studying
- Try to study at the same times each day
- Set specific goals for study times
- Start studying when planned
- Work on assignments you find most difficult first
- Review notes before beginning an assignment
- Tell your friends not to contact you during study times
- Ask your classmates when you have difficulty with an assignment



Note Taking

- There isn't one correct way to take notes
- 6 Best Note-Taking Systems
 1. Outline
 2. Cornell Method
 3. Mind Map
 4. Flow Notes
 5. Writing on Slides
 6. Bullet Journaling

To learn more helpful tips on note taking, click on this [link](#)



Setting Schedules

- Figure out what matters most to you, and prioritize it
- Creating a routine can help have better stress levels lead to improved mental health
- The first hour of your day can set the tone for your day, so try to start the morning well, or with something that you enjoy doing
- Try to keep to your schedule, so you aren't late to class or turning in assignments
- Forgive yourself when you skip something in your routine.



Use campus resources

- There are many campus resources that help students with specific challenges including
 - Financial issues
 - Substance abuse
 - Counseling services
 - Student services
 - Disabilities services
 - Advising



Preparing for College

- Be ready before classes start
- Gear up for online classes
 - Acquire all the necessary technology
 - Research school resources before problems come up
- Get ready to read a lot more than you did in high school
- Research possible college majors (you can change your mind if you want)
- Develop good communication skills
 - Know how to deal with social issues
- Maybe get a job freshman year for day-to-day expenses
- The financial aid office is there to help
- Know how to stay safe on campus
- Make the most out of orientation activities
- Get involved
- Know where to go to get academic help
 - On campus tutors
 - Professors
 - On campus libraries

Talk to your Apollo Counselors



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